

❤️ Bullying. No Way! Week 11th - 15th August ❤️

During this week, we joined schools across Australia to take part in Bullying. No Way!, a national initiative that encourages schools, students, and communities to stand together against bullying and build safer, kinder environments for everyone.

At St Francis of Assisi, we are committed to fostering a culture of respect, inclusion and safety.

Throughout this week, students engaged in classroom discussions, webinars, activities, and reflections that focus on building empathy, standing up safely, and understanding the impact of their words and actions.

What is bullying?

Bullying is repeated, intentional behaviour by someone with more power that is meant to harm. It can be physical, verbal, social, or online. While disagreements and rough play happen, bullying is different and always needs to be addressed.

How parents can help:



- ✓ Talk regularly – Encourage your child to share their day with you. Ask open-ended questions like "Who did you play with today?" or "Did you see anyone being kind or unkind?"
- ✓ Listen and stay calm – If your child tells you something worrying, listen supportively. Try not to react emotionally, but thank them for telling you.
- ✓ Model kindness and inclusion – Show your child how to treat others with respect, even when it's hard. They'll follow your example.
- ✓ Help them problem-solve – Work together to practise what they might say or do in tricky social situations.
- ✓ Reach out early – If you're concerned, please contact your child's teacher. We're here to work with you.

Together, we can send a powerful message: Bullying. No Way!
Let's make kindness, respect and inclusion the norm – not the exception.